

# Healthier Pregnancies Start with Understanding the Risks

## What Health Plans Might Be Overlooking

ProgenyHealth manages pregnancies on behalf of health plans to improve outcomes. The Maternity Case Management team manages low, medium, and high-risk pregnancies. Members self-report conditions through a mobile app and Complex Case Managers conduct detailed health risk assessments for proper risk stratification and ongoing monitoring.

Our high touch and high tech approach leads to higher than industry benchmarks for member enrollment and engagement – from pregnancy and delivery, through NICU Care Management (if required), to postpartum and parenting.



## It's Risky to be Pregnant in America

Across Commercial and Medicaid populations, women typically experience multiple risks during and after their pregnancy that can impact outcomes.

## Population Challenges

- Public Health Data
- ProgenyHealth Internal Data

### Behavioral



[Of women struggle with common mental health disorders](#) while pregnant or postpartum

**Mental Health Disorders:** [Prenatal Depression](#), [Postpartum Depression](#) & [Anxiety Disorder](#)



Of members enrolled in ProgenyHealth's Case Management Program complete a behavioral health screening

### Clinical



[Of women will face some kind of clinical health issue while pregnant](#)

**Clinical Health Issues:** [Hypertension](#), [Gestational Diabetes](#), [Preeclampsia](#) & [Obesity Complications](#)



Of members engaged in ProgenyHealth's Case Management Program are stratified as medium to high risk pregnancies

### Social Determinants of Heath (SDoH)

ProgenyHealth Case Managers help members solve issues with housing, food, transportation, baby supplies, and more.



[Of pregnant women face SDoH issues](#) that affect 80% of health outcomes

**SDoH Challenges:** [Food Insecure](#), [Transportation Challenges](#), [Housing Instability](#) & [Living Below Poverty Line](#)



Of all members enrolled in ProgenyHealth's program have SDoH risk factors

### Access To Care

ProgenyHealth's team provides critical support and evaluation to members in between provider appointments, alerting providers of concerns that warrant intervention.



[Of all pregnancy-related deaths could be prevented](#) with better access to health care



Of contacted members enroll in the ProgenyHealth program - receiving additional support in between appointments

### Timely Prenatal Care

Prenatal care during the 1<sup>st</sup> trimester (0-90 days)— significantly improves birth outcomes, reducing morbidities and mortality risk for both mom and baby.



[Reduction in preterm births](#) when provided with early prenatal care



Of members enrolled in the ProgenyHealth Case Management Program are in their 1<sup>st</sup> or 2<sup>nd</sup> trimester, allowing for more timely intervention

### Postpartum Care

Nearly half of women skip their postpartum visit due to scheduling, coverage, and transportation.



[Skipped their Postpartum appointment](#) due to convenience, scheduling, lack of coverage, transportation or childcare



Of ProgenyHealth's postpartum members, confirm they've scheduled their appointment