

Protecting Mothers & Infants: 2026 Vaccine Resources Guide



In today's rapidly shifting vaccine landscape, clear and trustworthy guidance is more essential than ever, especially for those caring for pregnant individuals and infants. With evolving recommendations for COVID-19, influenza, RSV, and other immunizations, families are confused and providers are concerned. Considering the CDC's recent shift toward individual-based decision-making for vaccines, ProgenyHealth has developed a list of credible, evidence-based guidance to support informed conversations between patients and providers.

Vaccine Recommendations for Maternal & Infant Health from Trusted Experts

American College of Obstetricians and Gynecologists (ACOG)

[ACOG's August 2025 guidance emphasizes:](#)

- COVID-19: Strongly recommended during pregnancy, postpartum, and lactation for maternal and infant protection.
- Influenza: Recommended during any trimester.
- RSV: Single dose of RSVpreF (Abrysvo) between 32–36 weeks gestation, September–January; no repeat dosing in subsequent pregnancies.

American Pharmacist Association

Through its Maternal Immunization Resource Center, [the association supports:](#)

- Pharmacist-led education on RSV vaccination during pregnancy.
- Expanded access to maternal vaccines in community settings.

Society for Maternal-Fetal Medicine

[Emphasizes:](#)

- Vaccination during pregnancy reduces complication risks.
- Clinical alignment with ACOG and AAP on maternal immunization strategies.

American Academy of Pediatrics (AAP)

[AAP continues to advocate for:](#)

- Universal access to maternal immunizations.
- RSV protection for infants through maternal vaccination.
- COVID-19 and flu vaccines for children 6 months and older.

Empowering Families & Providers with Trusted Vaccine Guidance

As vaccine guidance continues to evolve, especially for pregnant individuals and infants, staying informed is critical. By aligning with recommendations from trusted organizations, providers and families can make confident, personalized decisions that prioritize safety and health.

ProgenyHealth

ProgenyHealth delivers an integrated, tech-enabled maternal and infant care management solution that provides uninterrupted support from prenatal health, through 12 months postpartum, including any resultant NICU stay. By promoting predictable, equitable, and standardized high quality care journeys, we ensure healthier outcomes and lower overall costs. www.progenyhealth.com