Many Claim to Impact NICU. ProgenyHealth Delivers.

Every baby matters, and every family deserves the best start. These principles have been the core of our integrated Maternal and NICU care management work and have established ProgenyHealth as a trusted partner to health plans nationwide. Should a NICU event occur, our experienced Utilization Management Nurses and Medical Directors collaborate closely with providers starting on day one to guide each infant through the critical milestones of success. At the same time, our NICU Case Managers work directly with families—educating, supporting, and empowering them for a safe, confident transition home.

With more than 20 years of recognized expertise, proprietary data-driven processes, and a team of full-time neonatologists, pediatricians, NICU nurses, and social workers, we provide true peer-to-peer collaboration and compassionate care management. What truly sets us apart is the depth of our expertise, giving providers and families confidence that every decision is guided by professionals who understand the complexities of NICU care. That means stronger provider relationships, healthier babies, empowered families, and a seamless journey from admission through a baby's first year of life.
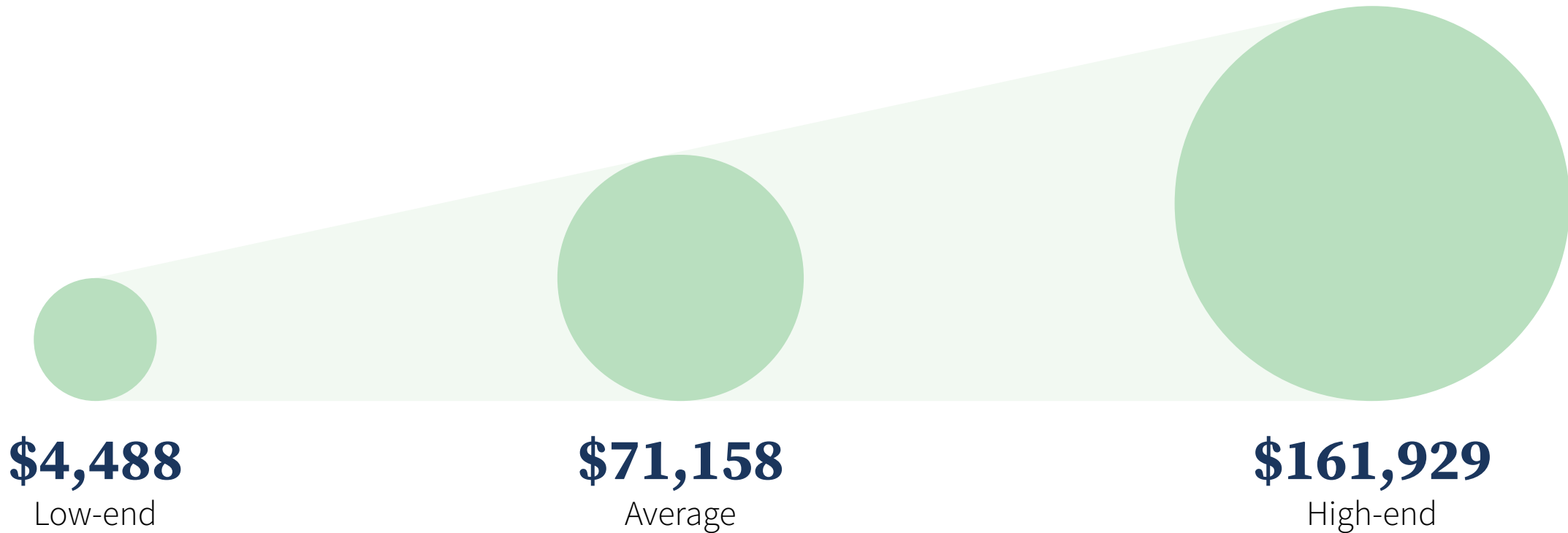
The High Price of NICU Care Nationwide

Across the United States, NICU admissions are associated with significant costs and variable outcomes.

ProgenyHealth's Results

NICU Admission Cost

Nationally, the average cost of a NICU admission is approximately $71,158, but actual costs can range from $4,488 to $161,929 for stays ranging from 3 to 34 days.

$4,488
Low-end

$71,158
Average
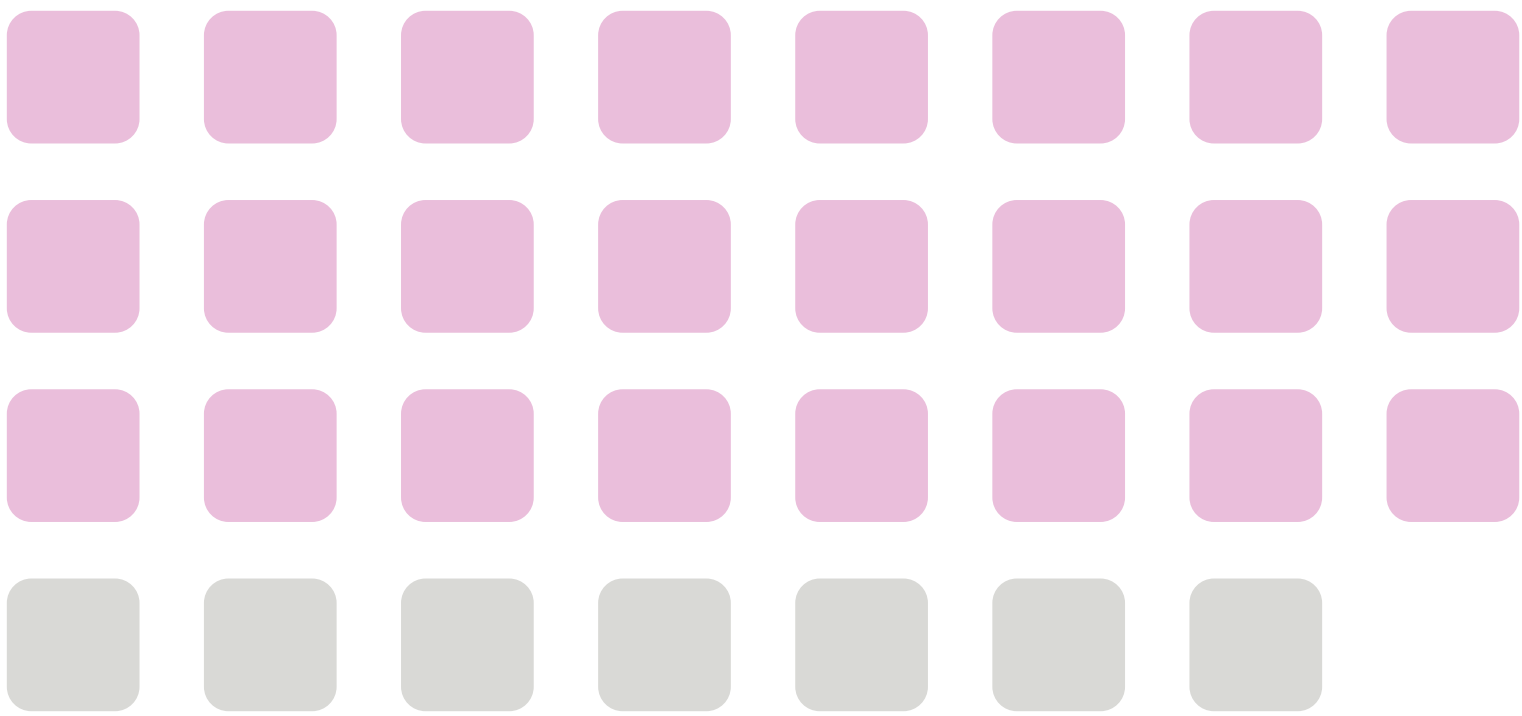
$161,929
High-end

Reducing NICU Admission Cost

12-16%
in cost savings for NICU related events

ProgenyHealth reduces NICU costs through our multidisciplinary, highly integrated utilization and case management approach. Through close collaboration with providers, we apply our specialized expertise and evidence-based guidelines to authorize lengths of stay and adjust levels of care as NICU infants progress towards discharge. As NICU infants improve clinically towards discharge, early engagement by Case Managers can also help decrease costs by addressing educational, clinical, and social barriers to facilitate a safe, timely transition to home.

NICU Length of Stay (LOS)

NICU length of stay is a key indicator of neonatal acuity and care progression. Across all gestational ages, the **average LOS for preterm infants is 24 days.**

Source: Vermont Oxford Network 2026

24 Days
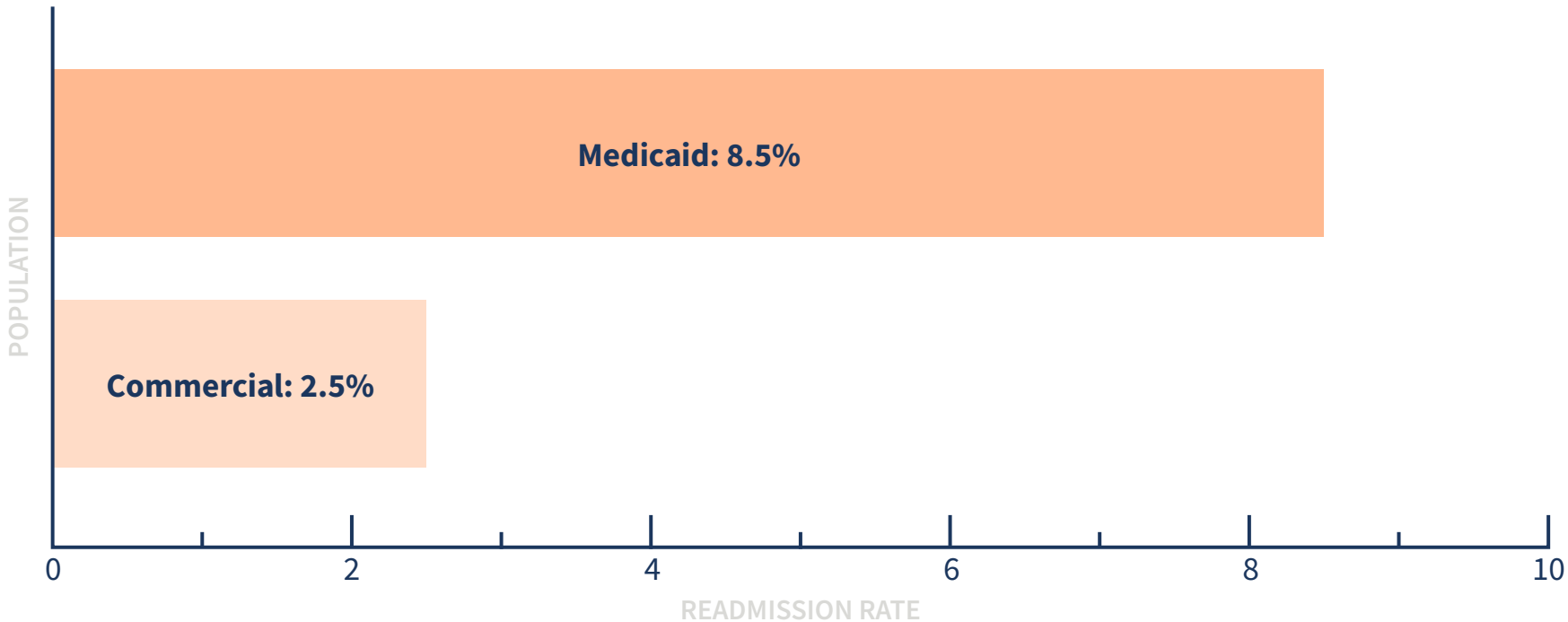Average days for all gestational ages

Shortening NICU Length of Stay

10-15%
reduced length of stay for NICU infants

ProgenyHealth shortens NICU stays by using evidence-based guidelines and proprietary analytics for UM authorization of appropriate levels of care and days. Our integrated NICU care management team initiates collaborative and proactive discharge planning, with a shared goal of ensuring a safe, timely discharge. We identify and address those clinical, administrative, and social barriers to discharge, resulting in reduced lengths of stay while delivering industry leading outcomes.

Hospital Readmission Rates

Hospital readmission rates after NICU discharge are also notable with **Medicaid-insured infants** consistently demonstrating higher hospital readmission rates compared to **Commercially insured infants.**

Medicaid
8.5%
Readmission within 30 days of NICU discharge

Commercial
2.5%
Readmission within 30 days of NICU discharge

Reducing Hospital Readmissions

50%
reduction in hospital readmission rates

ProgenyHealth reduces readmissions through collaborative discharge planning and assessing for readmission risk. Applying clinical expertise and our proprietary readmission risk indicator, Case Managers identify and mitigate readmission risks both during and post-discharge, empowering families with education and connection to resources as needed. Our care management team provides a virtual safety net for the infant and family up to the first year of life, leveraging a national knowledge set and local community resources to provide the right support to families when they need it most.

Ready to See Real Results?

Discover how ProgenyHealth transforms NICU outcomes—lower readmissions, healthier babies, and measurable, guaranteed cost savings. Visit ProgenyHealth.com or click here to schedule a meeting today.