

Thomas G. Lundquist, MD, MMM, FAAP, FACPE

Chief Medical Officer

ProgenyHealth®

Areas of Expertise

- Health plan medical leadership and clinical strategy
- Maternal and infant health care management
- Maternal mental health across pregnancy and postpartum
- Earlier pregnancy identification and risk stratification
- Social drivers of health and health equity
- Value-based care and innovative payment models
- Clinical quality improvement and patient safety
- Health care quality measurement, including HEDIS and Stars
- Integrated care delivery and payer-provider collaboration
- Health care cost management and medical loss ratio strategy
- Network management and provider contracting
- Health informatics, analytics, and data-driven care
- Medical and pharmacy policy
- Clinical transformation and operational performance improvement

Awards

- Caritas of Hope Award, Catholic Charities of Pittsburgh

Community Leadership:

- Chair, Business Development Advisor Group, HealthNEXT
- Executive Chair, Tour de Cure Mid-Atlantic, American Diabetes Association VA-NC
- Former board president, American Heart Association Hampton Roads
- Former board member, Carnegie Mellon University Heinz College Alumni Association
- Former board member, Health Information Partnership for Tennessee
- Former adjunct professor, Carnegie Mellon University's Heinz School of Public Policy and Management
- Fellow, American Academy of Pediatrics
- Fellow, American Association for Physician Leadership

Biography

Dr. Lundquist is an experienced health care executive with nearly 30 years of progressive, strategic, operational, and fiscal leadership across diverse health care sectors. His work has spanned early phase innovative health care companies, integrated health care delivery systems, managed care organizations, large self-insured national & international employers, and state & county government agencies. Dr. Lundquist's experience includes successful tenures as the Chief Medical Officer for both Highmark Health and Sentara Health Plans.

In his role at ProgenyHealth, Dr. Lundquist brings his passion for supporting individuals and their families throughout the maternity and NICU journeys. His responsibilities include leading the ProgenyHealth medical management program, ensuring superior performance and outcomes. He provides leadership and actively collaborates with the Quality and NICU Claims Review teams, promoting clinical excellence and operational efficiency.

Dr. Lundquist completed his Doctor of Medicine at The Johns Hopkins University School of Medicine and completed his residency at the Johns Hopkins Children's Center. He received his master's degree in medical management from the Heinz College of Information Systems and Public Policy at Carnegie Mellon University. He earned his Bachelor of Science from Pennsylvania State University as a Schreyer Honors College Scholar.

Throughout his career, Dr. Lundquist has and continues to serve on numerous boards of directors and advisory committees. He is a fellow of the American Association for Physician Leadership and a fellow of the American Academy of Pediatrics.

ProgenyHealth

ProgenyHealth delivers an integrated, tech enabled maternal and infant care management solution that provides uninterrupted support from prenatal health, through 12 months postpartum, including any resultant NICU stay. By promoting predictable, equitable, and standardized high quality care journeys, we ensure healthier outcomes and lower overall costs for commercial and Medicaid health plans and large employers.

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Speaking Engagements

- **November 18, 2025** – Intersections of Healthcare, Benefits Strategy & Organizational Wellbeing – State of Diabetes Philadelphia, American Diabetes Association – Cira Center, Philadelphia, PA.
- **November 14, 2025** – Creating Culture of Health & Wellbeing Community & Business Collaboratives –State of Diabetes Central Virginia, American Diabetes Association. Reynolds Community College, Richmond, VA.
- **November 6, 2025** – Advancing Enterprise Strategies that Create World-Class Employer Cultures of Health, Safety & Wellbeing Leading to Higher Organizational Performance – Keynote Address at the Executive Wellness Breakfast of the American Diabetes Association – Town Point Club, Norfolk, VA.
- **May 19, 2025** – Creating a Benchmark Culture of Health, Safety & Wellbeing as the Leading Strategy for National & Global Enterprises to Create Highest Levels of Workforce Productivity & Corporate Profitability – Keynote at the XIX Congreso Latin Americano de Salud Ocupacional ALSO & XXIX Congreso Nacional de Salud en el Trabajo FENASTAC – Riu Guadalajara, Guadalajara, Mexico.
- **May 1, 2025** – The Future of Work – Key Challenges and Opportunities – Panel Moderator - Wellbeing at Work Midwest Summit – Aon Headquarters Conference Center – Chicago, IL
- **April 25, 2025** - Impact of the new federal administration actions on healthcare and how should physician leaders approach these changes? – American Association of Physician Leadership Vanguard Meeting – 50th Anniversary Meeting – Hilton Boston Park Plaza, Boston MA.
- **November 6, 2024** - Creating a Competitive Advantage through Culture of Health. Global Healthy Workplaces Summit – SESI (Brazilian Social Services for Industry) Headquarters Conference Center – Brasilia, Brazil.
- **October 11, 2024** - Managing Value-Based Care Complexity. Edifecs Connect 2024. Four Seasons, Austin TX
- **May 11, 2021** - From Reactive to Proactive: How Sentara Health is Using Predictive Analytics to Improve Outcomes and Reduce Cost – Prealize Health Webinar, Palo Alto CA

Published Media

- Slice of Healthcare Podcast, September 2026
- Maternal Mental Health is the Silent Epidemic We Still Aren't Treating, Chief Healthcare Executive, September 2026
- Unpacking the Unbundling. Author, ProgenyHealth LinkedIn Newsletter, May 13, 2026.
- Genomic Testing in Oncology to Improve Clinical Outcomes While Optimizing Utilization: The Evolution of Diagnostic Testing. Coauthor, The American Journal of Managed Care, February 19, 2016.
- Hoge S, Greifinger R, Lundquist T, Mellow J. Mental Health Performance Measurement in Corrections. International Journal of Offender Therapy and Comparative Criminology. December 2009.
- Milch C, Salem D, Pauker S, Lundquist T, Kumar S, Chen J. Voluntary Electronic Reporting of Medical Errors and Adverse Events: An Analysis of 92,547 Reports from 26 Acute Care Hospitals. Journal of General Internal Medicine. Vol 21. No. 2. Feb 2006.
- Brehm J, Ruddick, P, Lundquist T. The Culture of Safety: Clinical Knowledge and even the right IT aren't enough to guarantee patient safety. A fundamental cultural shift is required. Health Management Technology. July 2003.

Interview Our Specialists

For interviews, media inquiries, or expert commentary, contact our team at media@progenyhealth.com

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